

## VALLEY VOLUNTEER OPPORTUNITIES

**13 Years of Age & Up**



Equal Opportunity Employer / Program Auxiliary aids and services are available upon request to individuals with disabilities. ARIZONA@WORK-Maricopa County Youth products and services are made available through federal funding provided by the Workforce Innovation and Opportunity Act (WIOA) serving Employers by aiding job seekers, adults, dislocated workers and youth.

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## Volunteering in America

### Independent Sector's Value of Volunteer Time National Value of Volunteer

The estimated value of volunteer time for 2017 in the US was \$24.69 per hour  
The estimated value of volunteer time for 2017 in Arizona was \$24.51 per hour

The estimate helps acknowledge the millions of individuals who dedicate their time, talents, and energy to making a difference. Charitable organizations can use this estimate to quantify the enormous value volunteers provide.

**Meeting Community Needs in Arizona:** Last year more than **4,600** Americans of all ages and backgrounds met local needs, strengthened communities, and expanded economic opportunity through national service in Arizona. The Corporation for National and Community Service (CNCS) invested more than **\$15.4 million** to support cost-effective community solutions, working hand in hand with local partners to empower citizens to solve problems. AmeriCorps members and Senior Corps volunteers are preparing today's students for tomorrow's jobs, reducing crime and reviving cities, connecting veterans to services, fighting the opioid epidemic, helping seniors live independently, and rebuilding communities after disasters. Service members served at more than **600** locations across Arizona, including schools, food banks, homeless shelters, health clinics, youth centers, veteran's facilities, and other nonprofit and faith-based organizations. Through a unique public-private partnership, CNCS, its grantees, and project sponsors generated more than **\$7.7 million** in outside resources from businesses, foundations, public agencies, and other sources in FY 2017. This local support strengthened community impact and increased the return on taxpayer dollars.



# Healthcare Sector



**Banner Health-** <https://www.bannerhealth.com/ways-to-give/volunteer>

- Each year thousands of people serve as Banner Health volunteers serving local community needs — helping people in emergencies, raising funds for equipment and services, providing blood, organizing programs for the elderly, for the youth ... and more. Volunteers are an important part of Banner Health's mission of making health care easier, so life can be better.

**TIP: Please set your location above in order to see the volunteering opportunities near you!**

- Our volunteers come from all walks of life, ranging from high school students to adults to seasonal visitors and retirees.
- Our volunteers work directly with people and provide behind the scenes support. Our goal is to find a match for your interests with opportunities at our medical facilities and through our community programs.
- Everyone who is interested in volunteering should expect:
  - An interview with a volunteer services representative at your local facility
  - A tuberculosis test either by skin or blood testing
  - A background check
  - Additionally, you will be required to submit proof of vaccinations. Once accepted as a volunteer, you'll be given an ID badge and location-specific uniform pieces. For questions, contact the volunteer services department at your local facility.

## **Benefits of Volunteering**

There are many benefits of volunteering including:

Making a difference by giving back to your community through service to others.

Contributing to the Banner Health mission of creating an excellent patient experience

Meeting other like-minded people while serving a collective purpose.

- Developing professional skills and gaining valuable experience in the health care setting that young people need in applying for jobs, scholarships and college programs.
- Learning about the industry in general, including the relationship between the patient, the community and the health care providers.

## **Teen Volunteers**

- If you are interested in a volunteer position that will be new every day, give you valuable experience and introduce you to the variety of careers available in health care, consider volunteering at a Banner Health hospital.
- Our Teen Volunteer programs provide a rich, rewarding experience in the exciting field of health care.

## **Scholarships**

- To assist medical students and professionals as well as high school students and others

pursuing a career in health care, we offer several scholarship opportunities to help with the cost of schooling.

- [Casa Grande Community Hospital Foundation Scholarship](#)
- [East Morgan County Foundation Scholarship](#)

### Abrazo Health

Sign up to volunteer at: <https://www.abrazohealth.com/for-family-visitors/volunteer-at-abrazo>

- Volunteer at **Abrazo Community Health Network**-Volunteers play a key role at all Abrazo hospitals, helping out day-to-day and giving patients a sense of community and a personal touch that lets them know their neighbors care. If you'd like to serve as an ambassador to patients and visitors, we provide all the necessary training, so all you need to have to be a volunteer is the desire to make a difference.

### Get Involved

- Student Summer Volunteer Program-It's that time of the year to apply for our student volunteer program at Abrazo Arrowhead Campus and Abrazo Arizona Heart Hospital! **If you are interested in our summer program, please call or email us to receive your application.**

Abrazo Arrowhead Campus Call: [623-561-7232](tel:623-561-7232) Email: [nmorales@abrazohealth.com](mailto:nmorales@abrazohealth.com)

Abrazo Arizona Heart Hospital Call: [602-532-2274](tel:602-532-2274) Email: [hsotelo@abrazohealth.com](mailto:hsotelo@abrazohealth.com)

### Arizona Burn Foundation

Website: [www.azburn.org](http://www.azburn.org) \_Apply online at this link

An integrated system of care for burn survivors and their families to provide comprehensive services over time at all stages of their journey. Seeking volunteers for Camps & Retreats, Advocacy and Education

**H.O.P.E Cancer Treatment Centers-** <http://www.hopeteamaz.org>

Are you interested in volunteering at Cancer Treatment Centers of America® at Western Regional Medical Center?

The H.O.P.E. Team provides the volunteer program at Western Regional Medical Center. These volunteers are a vital part of the team that provides hope, healing, and care to patients and families affected by cancer.

If you are looking for a life-changing experience and are available 3-4 hours a week, then the H.O.P.E. Team volunteer team may be just what you are seeking.

A program information and orientation session is typically offered the first Friday of every month. After you've applied, you will receive further information about upcoming orientations.

Apply online at <http://www.hopeteamaz.org>

Phoenix Children's Hospital- Website: <http://www.phoenixchildrens.org/volunteer>  
Volunteer Opportunities

- In-hospital Volunteers help provide hope, healing and care that truly make a difference in a child's stay at the hospital.
- Community volunteers show their support by actively participating in events held throughout Phoenix and surrounding communities on an as-needed basis.
- The Summer Volunteer Program is designed as an introduction to the hospital environment for students ages 13 through College Senior

Contact Volunteer Services- [volunteers@phoenixchildrens.com](mailto:volunteers@phoenixchildrens.com)

**HonorHealth Volunteer Opportunities-** <https://www.honorhealth.com>

**Contact Volunteer Services:** For more information, send an **email** or call **480-323-4560**.

Read the **Volunteer Handbook**. Current volunteers can **access their account here and schedule**.

Thinking about volunteering? HonorHealth needs you!

- HonorHealth welcomes compassionate, dedicated volunteers from all walks of life. Their diverse ages and experiences enable volunteers to fulfill the many needs and projects that benefit HonorHealth patients, their families, support staff and the community. With so many service opportunities, you'll be able to match your skills, talents and interests with HonorHealth needs.

## Opportunities for adults and young people

Volunteer opportunities are available for adults age 18 and older.

**Please note:** HonorHealth only participates in court-ordered community service at the Desert Mission Food Bank. Volunteering does not guarantee placement for job/certification requirements. Nor does HonorHealth offer internship, externship or job-shadow programs. A minimum six-month or 100-hour commitment from volunteers is requested, but more is preferred.

Here are four important points you should keep in mind:

- A regular, fixed schedule is required for most volunteer positions.
- Volunteers are required to wear a volunteer badge and uniform.
- Volunteers are required to sign in and out during their service.
- As a part of the commitment to the health and well-being of the workforce and community, HonorHealth no longer hires or rehires individuals who use tobacco. Volunteers who use tobacco products are not accepted.

#### Volunteer application process

1. Click on the appropriate volunteer application form below. Type in the information requested and click the submit button at the bottom of the form.
2. Check your email for an invitation to interview with the campus supervisor at your desired service location. It may take two business days for you to receive an email. If you don't receive an email, please call the Volunteer Services Department at 480-323-4560 or the campus of your preferred service for assistance.
3. Arrange for and complete an interview with the Volunteer Services Department to discuss possible service areas and your availability and interests for volunteer service.
4. Complete the required checklist items. They include the following:
  - Obtaining a health screening through our Occupational Health office (no charge).
  - Reading and agreeing to the HonorHealth Volunteer Handbook and volunteer policies and procedures.
  - Attending a new volunteer orientation.

The HonorHealth Volunteer office will complete a criminal background check (no charge) when all checklist items are completed. If you pass the background check, you'll be contacted to be scheduled for your service placement. We will also arrange for you to get your volunteer ID badge, uniform, schedule and training dates. Successfully completing your service area training may take as long as 12 hours or three shifts.

Types of volunteer positions-A variety of year-round opportunities are available at these HonorHealth locations:

#### **Service-oriented positions**

If you want to interact with a variety of people, including patients, visitors, HonorHealth employees and others, the following service-oriented volunteer opportunities may be a good fit for you:

- Information desk.
- Gift Shop.
- Hospitality Services.
- Music Enrichment.
- Transport Services.
- Thrift Store.
- Virginia G. Piper Cancer Center.
- Breast Health and Research Center.
- Library Services.
- ACT Teams.

Please consider the Gift Shop for your volunteer service because funds provided by the HonorHealth gift shops and other Auxiliary fundraising projects are donated to the Network each year. They help provide additional services and equipment for patients and the community. Your service in this area enables HonorHealth to continue this yearly contribution to patient care.

### **Patient-focused opportunities**

If you want direct interaction with patients, the following patient-focused volunteer opportunities may be a good fit for you:

- Diplomat (patient visitor).
- Emergency Department.
- Nursing Care Units.
- Surgery Services.
- Pet Therapy.
- Adult Day Healthcare.
- Lincoln Learning Center.

### **Non-patient opportunities**

If you prefer not to interact directly with patients, the following non-patient volunteer opportunities may be a good fit for you:

- Clerical in various departments.
- Materials management.
- Mail delivery.
- Pharmacy.

### **Short-term opportunities**

Short-term opportunities include:

- Desert Mission Food Bank.
- Collection Drives.

### **Virtual volunteer opportunities**

If you'd like to contribute your time and talents but can't come to one of the hospital campuses on a regular basis, consider making and donating handcrafted items such as lap blankets and quilts, baby hats and mittens, and baby blankets. Or, host a drive to collect new teddy bears and reading glasses.

### **Community opportunities**

#### **Mountain Park Health Center**

For over 30 years, Mountain Park Health Center has been dedicated to providing access to affordable primary care.

Starting with our first clinic in the heart of south Phoenix in 1983, Mountain Park has expanded to include six medical clinics, two pharmacies, two dental clinics, and two school-based clinics. All of these services are located in diverse neighborhoods throughout the greater Phoenix area.

Our commitment to the community has been a long-standing promise for affordable healthcare. Mountain Park has created a new mindset for healthcare; one that concentrates on the needs of the patient and focuses on keeping healthcare affordable.

Mountain Park clinics have a history of moving into neighborhoods where access to affordable healthcare is limited. We focus on creating welcoming clinics; hiring providers and staff members who are passionate about healthcare and—perhaps most importantly—listening to patients to learn what services are needed from Mountain Park.

Email the Volunteer Coordinator for a list of current volunteer opportunities:

Volunteer and Engagement Coordinator  
Mountain Park Health Center  
Office: (602) 323-3275  
[bdockter@mphc-az.org](mailto:bdockter@mphc-az.org)



## LAW ENFORCEMENT

**City of Phoenix Police Department-** Volunteer your Time with us

Website: <https://www.phoenix.gov/police/neighborhood-resources/volunteer>



The Phoenix Police Department offers the COPS program so that citizen volunteers or college interns can support the department from within in a non-enforcement capacity. COPS have volunteer assignments in over 40 different specialty details in four different categories:

- Investigations
- Traffic
- Administration
- Crime Lab

The average COPS volunteer donates 40 hours per week minimum requirement is 4 hours each month/12 per quarter to support the department. Here are the steps in order to join the COPS program:

- Follow the application instructions
- Turn in the application either by mail or in person
- The Employment Services background investigator calls you to schedule and interview
- Polygraph exam
- Reference check
- Drug screen

The approval process can take an average of three months to complete. If you have questions not provided on this website or in the application instructions, I'm happy to offer any assistance I can.

Officer Christopher Abril, COPS Coordinator

Phone: 602-262-7218

Fax: 602-534-2346

- [Where do COPS Volunteers Serve?](#)
- [Student Internships](#)
- [ACE/MAP \(Accessibility Compliance Enforcement Program & Motorist Assist Program\)](#)
- [Watch COPS on YouTube](#)

## **City of Tempe**

Website: <http://www.tempe.gov/city-hall/police/volunteers-in-policing/volunteer-opportunities>

### **Current Volunteer Opportunities and Programs -Over 50 Positions Department Wide!**

1. Motorist Services – 4 hour/week shift. Assist patrol variety calls – disabled vehicles, accident traffic control and enforce Handicapped & Fire lane parking
2. Mounted Patrol – mucking stalls, feeding & grooming of horses
3. Patrol Fleet volunteers – take patrol vehicle to car wash
4. Photographers – poll assists with non-enforcement department functions
5. Pipe Band - drummers & bagpipe musicians
6. Tour Guides – Hardy substation
7. Communications - computer work

### **Volunteer Programs**

- [Chaplain](#)
- [Crime Analysis Internships and volunteers](#)
  - [Crime Analysis Strategic](#)
  - [Crime Analysis Tactical](#)
- [Communications](#)
- [Detention](#)
- [Fingerprinting](#)
- [K-9](#)
- [Law Enforcement Spanish Interpreters \(L.E.S.I.\)](#)
- [Mounted Patrol](#)
- [Photography Pool](#)
- [Pipe Band](#)
- [Range](#)
- [Special Projects](#)
  - [1 time events](#)
  - [Various time limited projects](#)

- Support Services
  - Various departmental administrative duties
- Tours
- VIP Response Team
- Vehicle Services
  - DUI Van
  - Motorist Services
  - Patrol Fleet Volunteers
  - Large Vehicle Maintenance
  - Warrant Surrender Program

## **City of Peoria**

Website: [www.peoriaaz.gov](http://www.peoriaaz.gov)

Volunteer Victim Advocates with the Peoria Police Department assist victims of crime by providing them with victim rights information, assessing their needs and providing information on resources and services that can assist them, assisting victims with obtaining an Order of Protection, escorting victims to court, shelters, forensic exams, providing emotional support and on scene crisis intervention when needed.

### **Requirements & Commitment**

- Driver's License Needed
- Background Check
- Must be at least 18
- Orientation or Training
- Minimum 8 hrs. a month

## **Police Volunteer Programs**

If you're interested in making a difference in your community while gaining a valuable experience, become a member of the Peoria Police Department's Volunteer Program. With a philosophy of community oriented policing, the Department recognizes the contribution volunteers can make and encourages the involvement of volunteers at all levels and in all appropriate activities.

The mission of the Volunteer Program has two components. The Department will provide a rewarding experience to citizens with a desire to share their time and talents to better their community. Secondly, the program will provide, through the use of volunteers, quality and cost-effective delivery of services which further the mission of the Department to improve the quality of life in our city.

In addition to their regular assignments, volunteers helped with a variety of special community events and projects, including GAIN (Getting Arizona Involved in Neighborhoods), vacation watches, keeping department vehicles fueled and cleaned, conducting department tours, assisting with public safety events and presentations, and participating as role players in department training, among other assignments.

## Qualifications

The Department exists to provide the highest quality services to Peoria residents. Volunteer must project a positive image and meet the following criteria:

- Be at least 18 years of age.
- Have no felony convictions, or misdemeanors involving moral turpitude.
- Some positions require possession of a valid AZ Driver's License, and have an acceptable driving record, without criminal traffic violations within the last three years.
- Be available for contact by phone.
- Successfully pass a background check. The extent may vary depending on the assignment.
- Be able to donate at least eight hours per month as a volunteer.

## Volunteer Assignments

The Peoria Police Department's Volunteer Program has a wide variety of assignments to choose from, including:

- Neighborhoods Services Assistant
- Patrol Service Aide
- Community Relations Assistant
- Clerical Assistant
- Traffic Service Assistant
- Communications Assistant
- Victim Advocate

## City of Chandler-Volunteers in Policing

Volunteers are one of the most important resources to the Chandler Police Department. Many of our programs would not exist without volunteer participation. Volunteers dedicate thousands of hours annually to assist the Chandler Police Department and the Chandler community.

- A one-year commitment is required of all volunteers.
- Must be 21 years of age or older.
- Volunteers are asked to donate at least 16 hours per month to the program.
- The Chandler Police Department provides all training and equipment.
- Hours are flexible and can include days, nights and weekends.

## Volunteer Positions

The Chandler Police Department's Volunteer in Policing program offers several areas where volunteers may assist. Volunteer positions include chaplain, dispatch aide, DUI task force, explorer advisor, fingerprint services, general clerical assistant, fleet assist, motorist assist, telephone warrant compliance and victim services. Job descriptions of many volunteer position are listed below.

**Chaplain:** Citizens from the faith community serve as Police Chaplains. The Chaplaincy Program provides assistance to police and serve all aspects of the Department during critical incidents.

**Dispatch Aide:** Volunteers assist by updating files and confirming information that is currently in our system. Volunteers also pull 9-1-1 calls as requested by officers and staff.

**DUI Task Force:** Volunteers set up and operate the command post at the designated DUI Task Force site and assist officers with the booking process.

**Police Cadet Advisor Assistant:** Volunteers assist the Police Cadet Program Advisor Officer John Somerville with planning, implementing and training activities for youth 14-21 years of age. The Cadet program is specifically designed for young men and women ages 14 to 21 who are interested in pursuing a career in law enforcement. Volunteers attend the weekly meetings, conduct training and community service activities and assist at special events.

**Fingerprint Services:** Volunteers perform the non-criminal fingerprinting for the Police Department. Fingerprinting takes place on Tuesdays and Thursdays.

**Fleet Assist:** Volunteers assist the fleet officer with transporting vehicles to and from the yard for maintenance. They also assist with special assignments such as transporting vehicles to the calibration testing station.

**General Clerical:** Volunteers perform a variety of clerical and general service tasks assisting police support personnel in routine duties. Volunteers are assigned to any division within the Police Department in need of assistance.

**Motorist Assist:** Volunteers are uniformed civilians who are trained to provide assistance to motorists who have encountered vehicular problems. These volunteers drive police cars with "Volunteers In Policing" markings and utilize the same radios and in-car computers as Police Officers for communications and dispatching while performing their duties on patrol. Motorist Assist volunteers may be called upon to assist at vehicular accident scenes, perform traffic control or carry out other assigned duties for which they have been trained.

**Pawn Assist:** Volunteers assist in the Criminal Investigations Bureau by entering pawn ticket information into a database which then identifies stolen property. Volunteers verify any of the stolen item matches which eliminates duplication of work for the pawn detectives.

**Telephone Warrant Compliance:** Volunteers assist the Criminal Apprehension Unit by contacting, by phone, persons with city court warrants and directing them to take care of the warrants before CAU needs to come to the home to make an arrest.

**Transcription:** Volunteers transcribe audio interviews for the Criminal investigations Bureau.

**Victim Services:** Volunteers works with Victim Services staff to assist with data entry, organizing donations for victims, and community outreach at special events. Volunteers also assist the Victim Services Coordinator in assessing grant-required data about clients' satisfaction of services. They make calls to clients after case closure to gather data that will assist the Victim Services Program in evaluating and improving services to victims of crime.

## **Requirements**

- Must be 21 years of age or older
- A one-year commitment to volunteer

The existence of any of the conditions listed below may result in rejection from the selection process. These areas will be explored during an extensive background investigation and polygraph examinations.

### ***Drug History***

- Cannot have used marijuana in the past two years;
- Cannot have ever sold, produced, cultivated or transported marijuana for sale;
- Cannot have used any dangerous drug in the past five years;
- Cannot have ever sold, produced, manufactured or transported a dangerous drug for sale (steroids, methamphetamine, ecstasy, PCP and psilocybin mushrooms);
- Cannot have used a narcotic drug in the past five years;
- Cannot have ever sold, produced, transported or cultivated a narcotic drug (heroin, cocaine, crack cocaine);
- Cannot have shown a history of prescription drug abuse in the past three years.

### ***Driving History***

- Cannot have six or more moving violations in the past three years. If there are three to five violations in the past three years, it will be investigated further;
- No criminal traffic violations in the past three years (DUI, reckless driving, criminal speed).

### ***Criminal History***

- No felony convictions;
- No sexual offense convictions;
- No domestic violence or crimes of violence in the past five years;
- No misdemeanor convictions in the past year;
- No affiliation with a criminal street gang in the past three years;
- Any affiliation with a criminal street gang will require a further investigation.

### **Program Information**

For more information on volunteering, contact the Melanie Slate the Volunteer Unit Coordinator at 480-782-4909 or email [melanie.slate@chandleraz.gov](mailto:melanie.slate@chandleraz.gov).

### **City of Gilbert Police Department**

#### **Mayor's Youth Advisory Committee (for Gilbert, Higley and Chandler School Districts)**

Currently, this committee is comprised of 23 students from the Gilbert School District. They are chosen from the three high schools and four junior highs. The committee serves as a voice for students in Gilbert to the Mayor and the Town Council. The committee sponsors two events, Youth Town Hall and Student Government Days.

[Sign up for Mayor's Youth Advisory Committee](#)

**For further information on any of these programs please call (480) 635-7701.**

## Manufacturing & Retail Sectors



### Goodwill

Website: <https://volunteer.goodwillaz.org/>

Goodwill of Central Arizona offers a variety of volunteer opportunities which allow you to give back with your time. We're more than just a place to shop some of the best deals in town—we're an organization working to fight unemployment throughout our community. We have plenty of volunteer opportunities for people just like you who are looking to give back to the community.

### Goodwill volunteer opportunities:

#### Retail Operations

Our retail operations volunteers are a crucial component of the Goodwill team! Expect to be hands-on and learn the ins and outs of what makes a retail store operate successfully. From greeting customers to receiving and sorting donations, you'll have the opportunity to experience it all when you volunteer with our retail operations division at one of our retail stores!

#### Career Center Support & Training

By volunteering in our career centers, you gain hands-on experience working directly with real job seekers, in real-life scenarios. Goodwill career center volunteers like you allow us to spread our mission by helping job seekers in all facets of their job search, so thank you for your goodwill!

From performing skills assessments and reviewing resumes to helping our job seekers find and apply for jobs, as a volunteer, you'll see the direct impact your efforts have on the community. Interested in learning more about our career centers? View our Employment Services page.

### **Retail Operations Center**

If you're looking for team building opportunities, volunteering at our ROC (Retail Operations Center) is the perfect partnership! Your team will help by sorting donations and working side-by-side with our expert staff. Not in need of team building, but still want to volunteer? No problem! We happily accept individual volunteers at our ROC. Not only will you feel great about giving back to the community, you'll also learn a ton about our mission and how donations like those you sort ultimately help to fight unemployment in our community!

*Our ROC works best for teams of up to 20 people, however larger teams can be accommodated! We're happy to help customize the perfect volunteer opportunity for you and your group.*

***Please note that a parent or guardian must accompany all volunteers under the age of 15 and they must also complete a volunteer profile and background check request.***

Apply online at <https://www.goodwillaz.org/volunteer/>

### **Hopes Chest**

Website: <http://www.mesaunitedway.org/>

Helen's Hope Chest fulfills the dreams of thousands of foster children from throughout the East Valley and beyond by providing them with quality clothing, school supplies, books, gift cards, toys, games and more at no cost to their foster parents.

Helen's Hope Chest depends on the generosity of people like you to provide this valuable service. Find out how you can help put smiles on the faces of foster children.

### **Volunteer Opportunities**

Besides depending upon the generosity of people in the community who donate clothing, school supplies, books, toys and personal hygiene products, the backbone of Helen's Hope Chest is the corps of dedicated, loving volunteers who sort, clean and stock all of these items and help foster families find what they want and need during their shopping trips. Our volunteers love to share their stories from working with these children and their foster parents. If you would like to volunteer at Helen's Hope Chest, Call 480-969-5411

### **New Life Hope Closet**

Website: <http://www.newlifectr.org/>

There are many ways to become involved with the Center. From volunteering on a weekly basis, organizing a donation drive, coordinating a group project or helping with an event, your skills and expertise are valued.

The first step in becoming a volunteer is to join us for Brighter Day Tour. To sign up for a tour and learn more about our programs and our many volunteer opportunities please call New Life Center Volunteer Coordinator at (623) 932-4404

### **Volunteer Opportunities**

Besides depending upon the generosity of people in the community who donate clothing, school supplies, books, toys and personal hygiene products, the backbone of Helen's Hope Chest is the corps of dedicated, loving volunteers who sort, clean and stock all of these items and help foster families find what they want and need during their shopping trips. Our volunteers love to share their stories from working with these children and their foster parents. If you would like to volunteer at Helen's Hope Chest, Call 480-969-5411

### **Dress for Success**

Website: <https://phoenix.dressforsuccess.org/>

With your support, Dress for Success can continue to empower hundreds of women on their path to financial independence.

To Volunteer with Dress for Success Phoenix, please visit one of the following sites: Visit Volunteer Spot or call Dress for Success Phoenix (602) 489-7397

Dress for Success Phoenix is now on the road with our Mobile Career Center and we are in need of volunteers in the East Valley and West Valley. We are looking for volunteers to help suit clients, help with the career counseling and general services. If you are interested please call us at 602-489-7397.

## Community & Human Services/Nonprofits



### Why Join Volunteer Match?

- Connect with a cause that needs you.
- We have 100,000+ nonprofits around the world that need your help.
- Uncover new volunteer opportunities that matter to you, wherever you are.

Website: <http://www.volunteermatch.org/>

### Volunteer Match

Volunteer Match is an online volunteer matching system. Volunteer Match is not specifically set up to serve individuals who have developmental disabilities.

5610 S. Central Avenue

Phoenix, AZ 85040

Answering Service: (602) 234-2721

Website: [www.VolunteerMatch.org](http://www.VolunteerMatch.org)

### Catholic Charities Community Services

Over the years, Catholic Charities staff and volunteers continued to monitor the needs of central and northern Arizona communities and responded by providing life-changing services that

protect and nurture children, help strengthen families and assist individuals in crisis - growing to serve communities in Maricopa, Yavapai, Coconino and Mohave Counties.

We continue the thread of our early work today by delivering services in foster care, adoption and pregnancy counselling, North Star youth development and Westside Head Start early education. Over the years in response to community needs, our agency has grown to serve veterans and their families, sex-trafficked survivors, victims of domestic abuse, refugees and those experiencing homelessness.

Catholic Charities is a place where miracles happen every day in the lives of more than 100,000 men, women and children every year. Join us in this incredible work and be a miracle to someone today.

Apply online: <http://catholiccharitiesphoenix.volunteerhub.com/events/index>

### **Arizona Caregiver Coalition**

The Arizona Caregiver Coalition is a community-based, 501(c)3 organization that was founded to support and advocate for family caregivers in Arizona. The coalition was developed through the Governor's Advisory Council on Aging and serves a mandated role as part of the Arizona Lifespan Respite Program. The Coalition plays a vital role in facilitating and improving collaboration among fragmented nonprofits, government entities, and for profit enterprises. Our commitment is to caregivers of any type regardless of the medical reason for their caregiving role.

#### **Respite**

Family caregivers work tirelessly and selflessly—often to the detriment of their own health and emotional well-being—to provide assistance to loved ones who are living with disabilities. The Arizona Caregiver Coalition aims to provide these family caregivers temporary respite (a break) from their full-time roles as caregivers.

#### **Volunteer Program:**

- Provide solutions via the Caregiver Resource Line
- Represent the Arizona Caregiver Coalition at events
- Use your marketing skills to promote a worthy cause

## American Red Cross

Each day, thousands of people – people just like you – provide compassionate care to those in need. Our network of generous donors, volunteers and employees share a mission of preventing and relieving suffering, here at home and around the world.

### **Volunteers carry out 90% of the humanitarian work of the Red Cross.**

Our vital work is only possible because of people like you.

Whether helping one displaced family or thousands, providing care and comfort to an ill or injured service member or veteran, or teaching others how to respond in emergencies, it's through the efforts of ordinary people that we can do extraordinary things.

Apply online: <http://www.redcross.org/volunteer/become-a-volunteer#step1>

**Duet-Website:** <http://duetaz.org/>

Duet promotes *health and well-being* through  
*a broad range of services* to older adults who need one-on-one support.

Duet helps older adults and their families cope with challenges related to aging. From getting groceries and rides to the doctor, to health promotion activities and support groups, you can trust us to provide the compassionate help you need.

We are a non-profit, interfaith organization that has been serving older adults in greater Phoenix since 1981.

We're your partner in health and aging.

## **Volunteer Services Summary**

Helping homebound adults (Transportation, Shopping, Friendly Phoning, Friendly Visiting)

Sharing your skills (Paperwork Assistance, Handyman Assistance, Computer Assistance)

**Sign up for a volunteer orientation or ask for help. Call (602) 274-5022 or visit**

[www.duetaz.oeg](http://www.duetaz.oeg)

## **Future for Kids**

With a vision that all children should have the opportunity to participate in free, quality sports camps, Rod began the work of Future for KIDS. By bringing together fellow NFL Players, including Tony Brown and Rob Fredrickson, Rod built an organization that has touched the lives of many youth.

## **Become a Mentor**

Inspire a child, and become a mentor in our "Discover Your Future" out-of-school time program! As a mentor, you will work closely with a small group of youth participants for two hours once a week at one of our partner locations. Each week, you will assist with homework, join in fitness

activities and facilitate ethics discussions. All mentors receive a background check or must provide a fingerprint clearance card, along with attending a 3 hour training session.

Age: 16+

Commitment: Two hours once a week for 26 weeks during the school year

### **Guest Speaker**

Calling all professionals, students, and athletes! Motivate youth to live healthy lifestyles by sharing your passion and knowledge as a guest speaker at one of our events.

**Commitment:** One hour, one time

### **Sports & Fitness Camp Volunteer**

Our Sports and Fitness Camps are always in need of extra helping hands! As a Sports and Fitness Camp Volunteer, we will use your skills to help with sports demonstrations, registration, t-shirt distribution, clean up, and interacting with the kids to ensure they are having the best experience possible.

**Age:** 16+ **Commitment:** One day

### **Event Volunteer**

Help Future for KIDS guarantee the most excellent programs for our kids by volunteering at a fundraiser! Future for KIDS has several fundraising events throughout the year including golf tournaments, VIP parties, races, and more. Choose an event that interests you!

**Commitment:** One day

**Apply online at** <http://futureforkids.org/ways-to-make-an-impact/>

For more information please call 480-947-8131 or email [Kelli@futureforkids.org](mailto:Kelli@futureforkids.org)

**Hands on Greater Phoenix-Website:** <http://www.handsonphoenix.org/join>

HandsOn Greater Phoenix is an affiliate of HandsOn Network, an innovative alliance of volunteer organizations working to build community through service and civic engagement across the United States and abroad.

HandsOn Greater Phoenix is a nonprofit volunteer management organization. We address critical community needs in the Phoenix metropolitan area by coordinating a variety of volunteer projects and programs. Our volunteers come from all walks of life and include individuals, families, students, retirees, corporations, and others. We partner with a wide range of community service organizations and government agencies to tackle issues like homelessness, hunger, education, animal welfare, environmental challenges, and so much more.

5151 N. 19<sup>th</sup> Ave. Ste. 200 Phoenix, AZ 85015 Phone: (602) 973-2212

Email: [info@handsonphoenix.org](mailto:info@handsonphoenix.org)

**Just Serve-Website:** <https://www.justserve.org/about>

JustServe.org is a website where the volunteer needs of organizations may be posted and volunteers may search for places to serve in the community.

JustServe provides opportunities to relieve suffering, care for the poor and needy and enhance the quality of life in the community. JustServe is not proselytizing or publicity-it is simple a service to help link community volunteer needs with volunteers.

## **Phoenix Dream Center**

Website: <http://www.phxdreamcenter.org>

The Phoenix Dream Center, a volunteer driven nonprofit organization, which exists to serve the homeless, low-income, at risk youth and struggling individuals and families by providing resources, opportunities and supportive services to help them realize their dream of living a self-sufficient life.

Each week through the various Dream Center Programs, we conduct 110 Street and Nursing Home Outreaches to people in need. At each Outreach, Food, Clothing and a message of Hope and God's Love is shared. Our Programs provide housing to over 300 people each night. The Housing Programs at the Phoenix Dream Center include a Christian-based Life Recovery Program, A Program for Young Women out of Sex Trafficking including Crisis Pregnancy, An Affordable Housing Program and A Foster Care Age-Out Program.

The Phoenix Dream Center offers opportunities that can change not just one person, but entire families, a community...even a city.

You have the power to help provide a pathway out of poverty, addictions, and hopelessness for men, women, children, and families in need. Learn how you can get involved helping us to reach the many by giving of your time, talents, and treasures.

Change a life forever by getting involved today! Please fill out the **Volunteer Form** or call or email our Volunteer Coordinator at [Volunteer@phxdreamcenter.org](mailto:Volunteer@phxdreamcenter.org) or 602.346.8723

**Greater Phoenix Urban League**-Website: <http://www.gphxul.org/>

The mission of the Greater Phoenix Urban League is to equip the disadvantaged with tools to achieve economic and social equality, using relevant programs in child development, college preparation, job readiness, housing, and small business support to meet the needs of the greater Phoenix community. And small

By volunteering, you personally invest in improving the lives of those in need around the Valley. The ability to donate a few hours, share a few ideas, and make a few connections can create a profound difference in the lives of the families in your local community. Help to promote the goodness and improvement of the quality of life within our community by volunteering your time.

Location: 1402 South 7<sup>th</sup> Avenue Phoenix, AZ 85007 Contact: (602) 254-5611 Hours: M-TH 8:30-5:00pm

## **Sojourner Center**

Sojourner Center is a domestic violence service organization. Sojourner Center provides emergency shelter, transitional housing, domestic violence education, safety planning, lay-legal advocacy, case management, a child development center, 24-hour crisis hotline, referral services, community education and healthcare through an on-site clinic. Working with its partners, Sojourner Center is making a difference:

- We help nearly 10,000 individuals in the community each year
- We have over 1,000 individuals in residence (crisis and shelter) per year; of these, nearly 50% are children, with 48% of those children being aged 5 and under
- We provided safe shelter to 65 pets in the Pet Companion Shelter, including dogs, cats, a bird, turtles and a goat
- If you are interested in becoming a Sojourner Center volunteer, the first step is completing our on-line Individual Volunteer Application. Once your application has been reviewed, you will be contacted with the Volunteer Orientation dates which consist of a tour and a review of volunteer positions and requirements. which has a 30-minute volunteer orientation at the end of the tour that reviews volunteer positions and requirements. To reach the volunteer application, please click on the link below:

### **Individual Volunteer Application**

- All Sojourner Center volunteers must be 18 years of age or older, pass a criminal background check, and obtain a Department of Public Safety Fingerprint Clearance Card.
- For questions or more information, please contact our Volunteer Department at 602.296.3359 or email [\*\*volunteer@sojournercenter.org\*\*](mailto:volunteer@sojournercenter.org).

## **STARS**

The mission of STARS is to improve the lives of individuals with developmental and cognitive disabilities.

The good things that happen at STARS and the success of the people we serve would not be possible without the help of volunteers. STARS has a wide range of important volunteer opportunities that have a direct positive impact on people with developmental disabilities. STARS' volunteers are an integral part of providing quality services to this inspiring population; helping us further our mission *to improve the lives of adults and teens with*

*developmental and cognitive disabilities.* If you are interested in learning more about our volunteer opportunities please contact Anne, STARS Director of Advancement, at (480) 994-5704 or [AGray@starsaz.org](mailto:AGray@starsaz.org).

**St. Mary's Food Bank**-Website: <http://volunteer.firstfoodbank.org/>

The Food Bank relies on the generosity of individuals like you. You can offer your support in a variety of ways. Some such ways include packing emergency food boxes, sorting food drive items, data entry to assist our agency partners, and even technical or skilled assistance in Finance or HR!

Because of volunteers like you, we are able to provide more than 200,000 meals each day to those in our community who need our help the most.

Apply online at [volunteer.services@firstfoodbankorg](mailto:volunteer.services@firstfoodbankorg) to sign up

### **St. Joseph The Worker**

Website: <https://sjwjobs.org/get-involved/volunteer/>

No matter your skills or talents, no matter how much time you've got, whether you're an individual or part of a group . . . you can begin to transform a life today!

#### **Volunteer Opportunities**

**Direct Service-** Volunteers work a regular weekly or monthly schedule in main office in roles that support client success.

**Project Service-**Volunteers are selected to help on a specific project or program for a specified amount of time.

**Episodic-** Episodic volunteers provide support for special events, or one time projects.

#### **Become A Volunteer**

Obtain a Volunteer Application visit our website to download. Email the completed application as an attachment to [info@sjwjobs.org](mailto:info@sjwjobs.org). You may also mail or fax the completed form to us. Please see the application form for details. Our Volunteer Service staff will contact you to schedule an interview.

**St. Vincent De Paul** -Website: <http://www.stvincentdepaul.net/volunteer>

The Society of St. Vincent de Paul is dedicated to feeding, clothing, housing and healing individuals and families in our community who have nowhere else to turn for help. As important, SVdP provides meaningful opportunities for volunteers to serve their neighbors in need with love and compassion. - See more at:

Website: <http://www.stvincentdepaul.net/about/our-mission#sthash.ewDKdorp.dpuf>

Please contact Volunteer Services at 602.261.6886

**CASS-** Website: <http://www.cassaz.org/>

Since 1984, CASS has been in Arizona empowering homeless individuals and families to become self-sufficient and end their homelessness.

Volunteering to help those experiencing homelessness is a truly rewarding experience. Our volunteers play a critical role in helping CASS to empower men, women and children to end their homelessness.

Discover first-hand how volunteering makes a difference in the lives of those served by CASS and check out our **current opportunities**.

### **Volunteer Requirements**

A volunteer application and screening process is required for all long-term individual volunteers.

Maintain strict confidentiality about the men, women and children served by CASS.

Be willing to work under the supervision of CASS staff or lead volunteers.

Volunteers must be 18 years old to work at the Single Adult Shelter.

Volunteering at Vista Colina Emergency Family Shelter requires that you have an Arizona state-issued Fingerprint Clearance Card.

### **To Become a CASS Volunteer:**

- Ensure you meet all the Volunteer Requirements
- Search our **Volunteer Opportunities**

Interview with the Volunteer Manager

Complete the Volunteer Application and all the necessary paperwork

For more information about individual volunteer opportunities please contact Jenny Carrillo, Community Outreach Coordinator, at (602) 256-6945, ext. 1019 or email [jcarrillo@cassaz.org](mailto:jcarrillo@cassaz.org)

**Big Brothers Big Sisters of Central Arizona -Website:** <http://www.bbbsaz.org/>

For more than 100 years, Big Brothers Big Sisters has operated under the belief that inherent in every child is the ability to succeed and thrive in life. As the nation's largest donor and volunteer supported mentoring network, Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles"), ages 6 through 18, in communities across the country. We develop positive relationships that have a direct and lasting effect on the lives of young people.

### **Volunteer Opportunities**

**Community-based mentors** meet up with a child in their community two times per month to do things you both enjoy on days and times that are convenient for your schedule. Couples and families are invited to mentor a child together in this program, as well.

**Site-based mentors** meet with their Little Brother or Little Sister at a nearby elementary school for about 45 minutes per week (or at least twice a month) during the child's lunch break. Youth and mentors spend time playing games, working on homework or hanging out on the playground together. Currently, we offer site-based programs at the following schools: Balsz Elementary (Phoenix), Maie Bartlett Heard School (Phoenix), Longview Elementary (Phoenix), Lowell School (Phoenix), Pueblo Elementary (Scottsdale), San Marcos Elementary (Chandler) and Paiute Mentoring Program (Scottsdale).

### **What are the requirements to be a Big Brother or Big Sister?**

- Be at least 18 years old
- Must have lived in the Phoenix area for a minimum of 3 months prior to applying to be in the program
- Community based program: Commit to meeting 2-4 times per month, for at least six months
- Site-based program: Commit on a weekly basis, for a minimum of one school year
- Have transportation, a valid AZ driver's license and provide current proof of auto insurance
- Be willing to drive up to 30 minutes to pick up your Little
- Be able to pass a Criminal Background and Driving Motor Vehicle Check
- Pay fees associated with background checks (\$33)
- Be able to participate in regular phone contacts with a BBBSAZ staff person

Complete and submit a **volunteer application**:

ONLINE: Click here to complete the online application.

PAPER: Click here to **download and print** the volunteer application

EMAIL to Anne Campaigne at [acampaigne@bbbsaz](mailto:acampaigne@bbbsaz)

FAX to (602) 264-9283

MAIL to BBBSAZ, 4745 N 7th St. Suite 210, Phoenix, AZ 85014

**Boys & Girls Club-Website:** <http://www.bgcmp.org/volunteer/>

A variety of volunteer opportunities are available to match your interests, availability and desired location.

### **CLUB VOLUNTEERS**

Volunteering your time can make a real difference in a young person's life as well as your own. To learn more about how you can make an impact, please contact our Volunteer Coordinator.

### **LEADERSHIP VOLUNTEERS**

Our Board of Directors is one of the most recognized volunteer boards in the country. Board

members represent a wide spectrum of industries and local interests. As members of the board, these volunteers are charged with the responsibility of assuring the integrity of our organization by overseeing financial, structural and policy decisions that guide the organization, volunteers and staff. To learn more about joining, please contact Board Info.

Connect, a volunteer group for the Boys & Girls Clubs of Metro Phoenix, is committed to providing support to the BGCMP and the thousands of kids they serve. Connect is responsible for coordinating fundraising activities and helping improve the lives of our community's kids. To learn more about joining, please contact Connect.

Our Alumni Board members assist in fundraising and development through promotional events as well as assisting in service projects. For more information about joining our Alumni Board, please contact our Volunteer Coordinator.

### **SPECIAL EVENT VOLUNTEERS**

Each year the BGCMP holds a variety of fundraising events ranging from third-party fundraisers to entertainment and dining experiences. Become an integral part of the process by signing up to volunteer. Click here to visit our Friends of Boys & Girls Clubs page to learn more.

**Contact Information:** Boys and Girls Club of Metro Phoenix Volunteer Services Phone: 602.954.8182 Fax: 956.3320 Email: [clubvolunteer@bgcmp.org](mailto:clubvolunteer@bgcmp.org)

### **Civitan Foundation**

Civitan Foundation is a 501(c) (3) non-profit organization that was established in 1968 in Williams, Arizona. Civitan strives to deliver tailored programs and services to meet the ever-changing needs of the children and adults we serve with developmental disabilities.

Annually, Civitan serves over 750 families throughout Arizona while providing programs that are designed to enhance and enrich the lives of these special individuals. We continue to expand our services to also include outreach, education and family support. We are dedicated to building a stronger community for those with developmental disabilities through our hard work, endless passion, and the generous support of our community.

### **Volunteer at Camp Civitan! (Youth ages 13-17)**

Volunteers are particularly needed throughout the summer months at Camp Civitan. At camp, volunteers are asked to interact with and befriend our clients (eating with them at lunch, assisting them during activities, holding everyday conversations, etc.); take on leadership roles and set an example for our clients; provide entertainment (putting on puppet shows, telling jokes, singing karaoke, performing skits); complete light custodial work (washing dishes, cleaning off tables, tearing down and setting up for activities, and filling water jugs); work in the

camp canteen and serve meals. Our volunteers foster enthusiasm, encourage participation, increase the efficiency of camp operations, and add to our clients' overall experience. In addition, they become some of our clients' best friends.

**Other Volunteer Opportunities:**

We have various events and programs operating daily in our main offices, and program sites, please call 602-953-2944 for more information.

All volunteers over the age of 18 are required to obtain a Level 1 Fingerprint Clearance Card. We can help you with this!

**ICAN-Website:** <http://icanaz.org/>

ICAN relies heavily on volunteers to help with the 300 youth that come for programs every day. Volunteering at ICAN is an aspiring, rewarding experience!

There are many volunteer opportunities at ICAN:

Administration

Special Events

Homework Help

Programs

Maintenance

For more information or questions about volunteering at ICAN, contact ICAN's Volunteer Coordinator, Deanna Schlagenhaft at (480) 874-7578.

**Girls Scouts of AZ Cactus Pine- Website:** <http://www.girlscoutsaz.org/en/for-volunteers/why-volunteer.html>

**Ways to Volunteer**

Be the troop leader that supports her every week—the one that watches her smile get bigger as she grows more confident. Mentor a Girl Scout Cookie Professional during cookie season so she can earn enough to reach the goals she and her troop set. Or work with other adults to provide the kind of behind-the-scenes support that makes it possible for her to make amazing new memories at Girl Scouts.

Whether you can give a few hours, a few weeks, or a few months, volunteering with Girl Scouts is flexible and fun.

**Volunteer Roles****Troop Leader/Co-Leader**

Work with a group of girls and mentor them as they make new friends and develop connections that will last a lifetime.

### **Troop Family and Friends**

Assist with driving, activity planning, snacks, money management, or other tasks necessary to keep the troop running oh-so-smoothly from week to week.

### **Cookie Volunteers**

Coordinate the annual cookie sale at the troop level. Set up cookie booths, manage inventory and money, and then watch the girls light up when they earn the rewards for being the best cookie sellers ever!

### **Service Unit Volunteers**

Mentor adult volunteers as they work with Girl Scouts to create memories they will never forget.

### **Camp/Seasonal Volunteers**

Help the girls explore nature and find the fun outdoors.

### **AmeriCorps**

Website: <http://www.nationalservice.gov/programs/ Americorps/ Americorps-vista>

Help for consumers who want to volunteer as a pathway to training and future employment, to contribute to their community or be part of a social network.

Do you need a more local service? Get help locating a community resource near you.

For more information on those programs, please call the Corporation for the National and Community Service State Office at (602) 514-7224 or visit them at AmeriCorps \*VISTA Arizona.

### **Arizona Bridge to Independent Living**

The Arizona Bridge to Independent Living (ABIL) train and deploys volunteers to provide peer support, advocacy, and participate in other activities to benefit the community. These volunteers are generally people with disabilities who have successfully achieved independent living in their own life and are willing to assist others to achieve their independent living and employment goals. 5025 E. Washington St. Ste. 200 Phoenix, AZ 85034 Phone: (602) 256-2245

**Arizona Disabled Sports-** Website: <http://www.arizonadisabledsports.com/>

Recognizing the importance of recreation, leisure and competitive opportunities that contribute to quality of life, the primary mission of AzDS is to provide a wide variety of programs and activities to individuals with disabilities. Through participation, the athlete will realize individual accomplishment, self-esteem, respect for themselves and others

All volunteers are required to complete the liability waiver prior to participation with an Arizona Disabled Sports event. Click [HERE](#) to download the waiver and bring with you to your designated event. The liability waiver is valid for one year from time of signing.

Contact Nina Bernardo at 480.835.6273 or [nina@arizonadisabledsports.com](mailto:nina@arizonadisabledsports.com) to be added to the volunteer database and receive monthly email updates on available volunteer opportunities.

Apply online at <http://www.arizonadisabledsports.com/Volunteer.html>

## **Boys Hope Girls Hope- Boys Hope Girls Hope believes in children**

Website: <http://www.boyshopegirlshope.org>

We believe in their ability to overcome their circumstances. We believe in their ability to become more than they ever dreamed of becoming. And we believe that they can then go on to give hope to countless others.

By providing children with arms-around care, safe homes and environments, a first-class education, opportunities to learn more about themselves and the world, and academic, financial, and spiritual support through college, Boys Hope Girls Hope empowers children to realize the potential that is within them.

We empower them to overcome the obstacles--neighborhoods shattered by crime and poverty; families broken by economic hardship, death, and divorce; overcrowded and underperforming schools--that threaten their potential, their futures, and their families' futures.

### **COMMUNITY VOLUNTEERS**

Community volunteers help create the home atmosphere that our scholars need. Whether it's

- Cooking a meal as a volunteer houseparent
- Putting your handyman's skills and know-how to work to maintain our physical facilities
- Getting our scholars to school, football practice, science fairs, or religious services on time
- Using your technological or administrative experience to help our offices run smoothly
- Tutoring kids who are struggling in a particular subject
- Supporting our program and our scholars in a multitude of other ways

If you would be interested in sharing your time, experience, and talents with children who need them please contact the Program Director of the Affiliate closest to you. For a complete list of Affiliate locations and contact information, click [here](#).

**Historic Sahuaro Ranch Educational Tours-** Website: <http://www.glendaleaz.com/>

To preserve a historic site where the community participates in the ongoing development of educational and social experiences that connect Glendale residents and visitors to the past and to each other

Contact Ranch Staff at 623-930-4201 or 623-930-4202 to volunteer or learn more!

[Download/print the Volunteer Information flyer.](#)

**GENERAL  
VOLUNTEER INFO:**

All volunteers are fingerprinted and issued a City of Glendale ID badge.

This badge should be worn during all volunteer hours.

A staff shirt may be provided for events.

**MAIN HOUSE TOUR  
GUIDE**

Lead tours of the Historic Sahuaro Ranch Main House for the general public during regular opening hours.

Provide historic information and interpretation of the Main House and the objects inside it.

Training program and mentor with other Tour Guides provided.

Preferred Skills: Interest in history and presenting accurate information. Comfortable with public speaking.

**EDUCATION  
ASSISTANT**

Assist with school and group tours of the Ranch.

Lead educational programs and craft activities related to the history and use of the various buildings around the property.

Preferred Skills: Interest in history and presenting accurate information.

Comfortable with public speaking and working with children.

**ANIMAL CARE  
ASSISTANT**

Assist with bird (peafowl, and guinea fowl) feeding and monitoring program.

Provide food and water at designated feeding stations.

Monitor station condition, track feeding supplies, and assist with cleaning.

Observe and report conditions of throughout park.

Assist with animal care and special projects (such as population counting) as needed.

Preferred Skills: Comfortable with animals. Working independently.

**SPECIAL EVENTS ASSISTANT**

Participate in planning, implementation, and evaluation of special events at Sahuaro Ranch.

Tasks include event set-up, event activity staffing, event take-down and clean-up, and event summary and evaluation.

Preferred Skills: Planning and organization skills

**M.I.L.K** -Website: <http://milkmoney1.org/>

Make an investment in love in kindness through empathetic actions bringing hope, dignity and an end to the culture of poverty."

We believe that outreach happens most effectively in community. Every person deserves to be empowered have an equal opportunity and sustain a reasonable quality of life. We work with individuals, families and communities to support them in meeting their needs, ending suppression, resolving their issues, and building an empathetic culture.

#### Volunteer Opportunities

- Administration
- Web / Video / Database
- Community Service Projects
- Newsletter Production
- Events
- Volunteer Coordination
- Fundraising

**Phoenix Center For The Arts-**

Website: <http://phoenixcenterforthearts.org/>

Phoenix Center for the Arts provides opportunities to participate in the visual and performing arts through quality classes, programming, and events. Classes are available for youth and adults throughout the year.

Volunteering for the Center is a great way to meet people, develop skills, build your resume, and have a positive impact on your community! If you need more convincing, we also offer class discounts up to 100% based on the volunteer hours you put in.

10 hours = 25% off a studio class

20 hours = 50% off a studio class

40 hours = one FREE studio class

\*You may redeem up to 3 classes each calendar year

If you know you're ready to help support the mission of Phoenix Center for the Arts, [complete our Volunteer Application form here.](#)

If you'd like more information about our current volunteer opportunities, visit our page on [VolunteerMatch.org](http://VolunteerMatch.org).

## **Rebuilding Together Valley of the Sun**

Website: <http://www.rebuildingtogetherphx.org>

Our mission at Rebuilding Together Valley of the Sun is to engage community partners and volunteers in the revitalization of neighborhoods. Through home repair, modifications and improvements, we provide needy low-income senior, veteran and disabled individuals with a safer, more independent and comfortable life.

Whether you are a professional trades-person or retired with time and handyman skills to offer, a dynamic person on the phone, or just a fan of being busy and getting involved — we welcome your involvement.

**GET INVOLVED**- Call us at **480.774.0237** about your interest or [click here to contact us via email](#).

### **Safe at Home**

Volunteer 3-4 times a month! Year-round, **RTVOS** helps low-income seniors with basic home safety modifications. Teams of 2 people go out one day a week for 3-4 hours and install grab bars, tub/shower seats, toilet risers/ rails, and small threshold ramps. Each team is scheduled based on their availability and provided the necessary tools and training.

Each weekend teams of volunteers build wooden ramps following a standard design. Volunteer Skilled Leaders are needed to guide other volunteers in the assembly of pre-built ramp modules. Skilled Leaders need a willingness to lead and train other volunteers to assemble the ramps! Skilled leaders are given the tools and training necessary to lead groups of volunteers to complete a ramp build in 3-4 hours.

### **Skilled volunteers\Job Captains**

Volunteer on special events and community revitalization projects (15-20 hours per event)

Skilled volunteers can help with repair work prior to, during, and after general volunteer workdays. On Special Project Events and National Rebuilding Day, Job Captains work with

RTVOS staff to develop a work scope that can be completed by volunteers and lead them to complete significant work repairing the homes of low-income families.

### **Office/Warehouse**

Volunteer one day a week, two days a month or whenever you have some available time.

Help in our office by making follow-up calls and scheduling appointments with clients, or complete data entry. Other things you can do it present to community centers, work in our warehouse, and help us fundraise.

We value the time, energy and experience all our volunteers bring to the organization!

**Southwest Human Development** - Website: <https://www.swhd.org>

Southwest Human Development strengthens the foundation Arizona's children need for a great start in life

Southwest Human Development serves 135,000 children and their families each year through more than 40 programs and services that focus on preventing problems before they start or, when they already exist, providing opportunities to intervene as early and effectively as possible.

Volunteer today and improve the life of a young child! Whether you help with fundraising, event planning or sharing your time with children and families, you can make a difference!

Here is a list of current volunteer opportunities available, but we're always happy to customize a volunteer opportunity for you or your group! Be sure to check back often, as volunteer opportunities change throughout the year.

**Agency Advocate** – Agency advocates will spread the word about Southwest Human Development's mission and services. Advocates support the community outreach department by representing the agency and engaging parents and children at community events throughout Maricopa County.

**Child Care Provider** – Child care providers will support the families who are in the process of becoming foster care licensed. Child care providers will provide supervision and activities for the children of caregivers attending evening foster care training sessions.

**Lifebook Creator** – Lifebook creators will support families who are providing homes for children who have been removed from their parents due to abuse or neglect. A lifebook documents the

child's history, birth through their experience in the foster care system and lifebook creators would spend time with the child and the family in their home to help build and create these books.

**Mentor** – Mentors will support families who are providing homes for children who have been removed from their parents due to abuse or neglect. The mentor invests his/her time to get to know the child by talking and doing activities together. Meetings with the youth would take place at the family's home or a community location.

**Raising A Reader Classroom Aide** – Raising A Reader classroom aides will support the work of Southwest Human Development's Raising A Reader by educating families about the importance of early literacy during Raising A Reader workshops.

**Seeker** – Seekers will reach out to businesses to request specific in-kind donations of goods that are needed by the families we serve.

**Tutor** – Tutors will support families who are providing homes for children who have been removed from their parents due to abuse or neglect. These children are in need of many types of instruction, including, but not limited to, tutor, sports coach, or music teacher. Instruction would take place at the family's home or a community location.

**Video Editor** – Video editors support Southwest Human Development by completing video projects (typically 30 seconds to 2 minutes in length) that create awareness of the agency's programs and services, and other special projects.

For more information, please contact Annette Sutfin at (602) 633-8416 or [volunteer@swhd.org](mailto:volunteer@swhd.org)

**The Welcome to America Project** -Website: <https://www.wtap.org>

Since that humble beginning, WTAP has grown into a network of volunteers who work with local social service agencies. They help refugee families get started by donating furniture, household goods, clothing and a warm welcome. Since 2001, more than 2,000 families have been helped and thousands of people have volunteered in some way. WTAP has won a number of awards and is proud to be part of the Phoenix community.

#### Volunteer Needs

The Welcome to America Project offers volunteers the chance to help others in our community in a hands-on way. Ranging in age from 5 to 95, our volunteers repeatedly tell us how their

experience furnishing the homes of refugees moves and inspires them in positive ways. Gain new perspective on your life, various cultures, and experience the true meaning of community when you sign up to volunteer with WTAP today.

### **Home Visits**

Go with WTAP team members to interview our newly referred families to greet them and make a list of what they need for their home. There are a number of teams, so the commitment can be as little as once every two months or as often as every month. These take place on Monday, Tuesday and Wednesday mornings.

**Sorting and Packing**-Help sort incoming donations and pack for the family deliveries each week at our warehouse in Tempe.

**Deliveries**-Deliver furniture and household items to new refugee families – join us on Saturday mornings.

**Mobile Clothes Closet**-Each month, WTAP volunteers serve refugee families by holding a pop-up Clothes Closet. Here, we distribute gently used clothing, shoes, accessories, and children's books in an atmosphere of kindness and friendship – join us on Saturday mornings.

**Storage Upkeep**-Keep our storage units organized and ready for deliveries – join us once a month – schedule varies.

**Back Office Help**-Carry out administrative work, sometimes from your home! We have jobs in excel spread sheets, creating name tags, making flyers, writing letters, help us maintain our database, and making phone calls to our volunteers. This can be done any day you choose.

**Donation Drive**-Coordinate a donation drive within your neighborhood, school, work community, church, etc. (Examples: clothing, cleaning supplies, personal hygiene items, towels, sheet sets, soccer balls, toys, light bulbs, shoes, etc.) Contact us to get started!

[volunteer@wtap.org](mailto:volunteer@wtap.org)

**Treasures 4 Teachers- Website:** <https://www.treasures4teachers.org>

Treasures 4 Teachers is a member based resource and supply store serving the educators of Arizona. This means that anyone who works closely with students can have access to a wide selection of materials, resources and training that will enhance and expand the learning process. T4T is a donation-based operation. Therefore, we are able to provide materials and supplies to our members for low to no cost.

Volunteer Opportunities

- Sorting and stocking donations
- Creating educational kits
- Assisting the warehouse manager
- Completing clerical tasks

For more information contact Sue Dysinger at (480) 751-1122 or Barb Blalock at [barb@treasures4teachers.org](mailto:barb@treasures4teachers.org)

Apply online at <https://www.treasures4teachers.org/get-involved/>

**WHEAT-** Website: <https://hungerhurts.org>

The World Hunger Ecumenical Arizona Task-Force (WHEAT) was formed in 1979 to address the root causes of hunger, providing tools and resources to make a difference in the lives of others living in poverty, encouraging people to think globally, but act locally. WHEAT is committed to increasing the understanding, sensitivity and opportunity for change in the fight against hunger amongst all peoples. WHEAT's ultimate goal is the ability of the individual to become self-sustaining

## **Volunteer Opportunities**

**The heart and soul of the WHEAT organization is our Volunteer Team.**

Volunteers help us in the fight against hunger and poverty by supporting us in these areas:

- The Clothes Silo
- The Fair Trade Store
- WHEAT Administrative Offices
- Event Coordination
- Advocacy on Hunger and Poverty Issues
- Outreach Efforts
- Marketing & Promotion
- Public Speaking
- and much, much more!

Find out more about Volunteering with WHEAT at [VolunteerMatch.org](https://VolunteerMatch.org)



## **Opportunities working with Animals**



**Animals in Disaster Bowl Pet Food Pantry** Website: [www.emptybowlpetfoodpantry.org](http://www.emptybowlpetfoodpantry.org)

Helping people and their pets stay together during challenging times.

Empty Bowl Pet Food Pantry leverages an extensive network of agencies in Arizona to ensure that when a family has lost everything that their pets receive care as well so that those pets continue to provide emotional and mental support in times of instability.

Contact Information: 610 N Bell Rd. Ste2-271 Phoenix, AZ 85022 Telephone: (602) 909-7153

**Arizona Animal Welfare League-** Website: <https://aawl.org>

The Arizona Animal Welfare League & SPCA (AAWL & SPCA) is the largest and oldest no-skill shelter in Arizona. AAWL & SPCA rescues, rehabilitates and re-home more than 4,000 dogs and cats that are abandoned or that have been surrendered by their owners.

Volunteers are the key to our success! The time and effort volunteers spend with the animals keeps the Arizona Animal Welfare League and SPCA empowered to save lives of homeless animals.

#### Volunteer Opportunities

- Cattery Volunteers
- Dog walking/socializing/cleaning
- Adoption Counselor
- Foster Parent
- Off-site Events
- Fundraising/ Special Projects/Clerical Volunteers
- Transport driver
- In-Shelter care of education animals( Birds, Rabbits, Rodents, Reptiles)
- Lobby Host
- Maintenance/ grounds
- Off-site adoption locations

Apply online <https://aawl.org/volunteer>

**Arizona Humane Society** Website: <http://www.azhumane.org>

We need animal lovers like you to help us in our mission to safeguard, rescue, shelter, heal, adopt and advocate for animals in need!

Our volunteers help us care for animals and operate our programs in variety of different areas, including:

- Kitten Nursery
- Adoption and Socialization
- Public Veterinary Clinics
- Thrift Stores
- Second Chance Animal Trauma Hospital
- Administrative Support
- Special Events& Projects

#### Volunteer Requirements

- Must be at least 16 years of age
- Attend a volunteer orientation and training session.
- Commit to volunteer at least eight hours a month for at least eight months.

Apply online at <http://www.azhumane.org/get-involved/volunteer/>

**Phoenix Zoo-** Website: <http://phoenixzoo.org/>

**Zooteens-** are a select group of teens, 14-17 years old, who explore their interest of animals, nature and conversation through volunteer service at the Phoenix Zoo. ZooTeens share their interests with our Zoo guests at a variety of interpretive stations throughout the Zoo, provide mentoring and educational opportunities to Camp Zoo participants, and are eligible to work with and learn from our world- class animal keepers.

What are the requirements to be a Zoo Teen?

Teens must be age 14 to 17 as of September 1 of the application year. After following the application process and being selected, they are required to volunteer a minimum of 40 hours during the Zoo Teen season, undergo yearly TB testing and attend all required orientations and meetings to retain their Zoo Teens status.

#### Adult Volunteer Program

Our Adult Volunteer Program is for all individuals ages 18 and older with the ability to pass a background check, commit to 75 yearly hours, and comfortably interact with guests as a representative of the Zoo. We do not accept individuals seeking court-ordered service hours and at this time we cannot accept international applicants.

Apply online at <http://phoenixzoo.org/support/volunteer/adult-volunteer-program/>

#### Wildlife World Zoo and Aquarium

Website: <http://www.wildlifeworld.com>

Wildlife World Zoo and Aquarium volunteers work closely with zookeeper and aquarium staff performing basic husbandry duties and exhibit maintenance. Applicants must be at least 18 years old and provide proof of age. Volunteers are required to work a minimum of 8 hours per week for at least 10 weeks and maintain a professional attitude and appearance as you are representing the zoo and aquarium. Dress code consists of comfortable, appropriate clothing and closed-toe shoes, no sandals. Keep in mind, you will get dirty.

There are 6 areas in which to volunteer: hoof stock, birds & primates, reptiles, small mammals, ponds & carnivores, and the aquarium. Big cats are excluded from the volunteer program due to obvious liability. One volunteer is assigned to each keeper per day. Reptiles, small mammals, and the aquarium are mostly indoors, the remaining 3 are outdoors. Volunteers working in outside areas must be capable of working in all weather conditions including temperatures above 100°F. Aquarium volunteers wanting to dive must first complete at least 64 hours of service. All divers must be open water certified and will have to complete a check out dive to qualify. Volunteers are never put in situations or required to perform any job with which they are not comfortable. Apply online

<http://www.wildlifeworld.com/about/volunteer/>

### **Volunteer Opportunities with State of Arizona**



**Website:** <https://des.az.gov/how-do-i/volunteer>

The Arizona Department of Economic Security has two general types of Volunteer Opportunities --- ON-GOING and PROJECT. Whether you are interested in volunteering on an on-going basis or for a specific project, please be sure to read about Volunteering at DES. Through the DES Volunteer Engagement Center, individuals are recruited, screened and referred for work assignments. Some require a minimum time commitment or special training. While others may require additional screening such as fingerprinting, background checks and/or clearance cards from the Arizona Department of Public Safety. If you are interested in Volunteer Opportunities, please contact the Volunteer Program Manager, Emmanuel Garcia at (602) 542-1991.

Volunteer Opportunities:

- Clerical assistants

- Administrative assistants
  - Receptionists
  - Drivers
  - Interns
  - Special aides
  - Bilingual Aides
  - Interpreters
- No formal degree is required.